

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Hendrik Frederick  
Viljoen**

Has successfully participated & completed the

**Solo Heifer Cowhouse Cross Duathlon 2017 #6**

held at Cowhouse Market.

**TIME 00:49:39**

**PACE 04:57/km**

**GENDER 1 of 2**

**OVERALL 1 of 2**

**14 - 19 1 of 2**

01 October 2017, Sun

Date



*BoutTime*

Signature

